



CENTRAL PARK ATHLETICS



Newsletter Weekending 26/08/2018

Kirsten McTeer

Many of you know Kirsten from Wednesday night training and parkrun. She has a real affinity with the Nottingham University Hospitals Charity and is running the Robin Hood Half Marathon on Sunday, 30th September to raise money for them. Kirsten's story can be found [here](#). There is also a link to her fundraising page at the foot of the article should you wish to make a donation.

We wish Kirsten the best of luck with her training, the race itself and of course her fundraising efforts.

Severn Bridge 10k – 26/08/2018

Position	Bib No.	Name	Category	Gun Time	Chip Time
307	3526	Kirsten McTEER	VW40	00:58:23	00:57:53

Arundel 10k – 26/08/2018

Position	Bib No.	Name	Category	Gun Time	Chip Time	
443	616	Mick COX	VM70	01:04:04	01:03:24	Club Record
590	615	Janet PYNE	VW70	01:17:08	01:16:28	

Dartford 10k – 27/08/2018

Position	Bib No.	Name	Category	Gun Time	Chip Time	
4	98	Dylan John BEAVER	VM40	00:37:28	00:37:28	
13	70	Antony HYLTON	VM40	00:42:57	00:42:57	
23	20	Mark SMITH	VM35	00:44:03	00:44:01	Club Record
46	266	Dan FOTHERINGHAM	VM40	00:47:03	00:47:01	
77	71	Prasanth EKKORATHA	VM40	00:50:03	00:49:37	
145	65	Valerie BEVAN	VW60	00:57:18	00:56:56	Club Record
153	55	Sandra SPEER	VW50	00:57:48	00:57:21	Club Record
154	54	Gary WARNER	VM50	00:57:49	00:57:20	
170	285	Martin HARMAN	VM45	01:00:05	00:59:37	
175	64	Trevor BEVAN	VM65	01:00:13	00:59:52	
176	281	Victoria GIBBS	VW45	01:00:49	01:00:21	
195	6	Alison DEADMAN	VW45	01:02:49	01:02:17	
222	24	Richard DANSTON	VM45	01:06:16	01:05:46	
229	149	Michaela McMILLAN	VW45	01:07:13	01:06:45	
250	15	Janet PYNE	VW70	01:13:31	01:13:09	
251	16	Mick COX	VM70	01:13:32	01:13:10	
255	83	Joanne DANSTON	VW45	01:15:31	01:15:01	

Cal Baptist Lancer 5000 – 18/08/2018

Position	Bib No.	Name	Category	Gun Time	Chip Time	
2	313	Craig SHARP	VM40	00:16:33	00:16:33	Club Record
4	312	Cameron SHARP	U17M	00:16:51	00:16:51	Club Record
11	344	Emma SHARP	VW35	00:20:14	00:20:14	Club Record

Dartford Harriers Open 1500m – 27/08/2018

Position	Bib No.	Name	Category	Time	Chip Time
1		Craig SHARP	VM40	00:04:15.00	
8		Cameron SHARP	U17M	00:04:36.92	

parkrun results 25/08/2018

Name	Location	Time	Overall PB
Antony HYLTON	Kingsbury Water	00:19:31	00:18:59
Rebecca WATSON	Roundhay	00:21:48	00:21:37
Phil DOVEY	Dartford	00:22:33	00:20:59
Prasanth EKKORATHA	Dartford	00:22:59	00:23:16 New PB!
Anthony DUREY	Dartford	00:23:16	00:18:10
Lexie JOHNSON	Dartford	00:23:16	00:23:00
Tessa HALES	Bexley	00:25:13	00:22:28
Gary WARNER	Bexley	00:25:19	00:23:34
Vinod KALIA	Dartford	00:25:25	00:26:31 New PB!
Phoebe DACHTLER	Dartford	00:25:39	00:26:26 New PB!
Samuel FOTHERINGHAM	Malling	00:25:42	00:25:11
Dan FOTHERINGHAM	Malling	00:25:43	00:21:00
Anoushka JOHNSON	Dartford	00:25:51	00:20:02
Lindsey SANDERS	Dartford	00:26:14	00:26:38 New PB!
Sandra SPEER	Bexley	00:27:42	00:25:55
Martin HARMAN	Dartford	00:27:48	00:27:27
Julian MILLS	Dartford	00:28:02	00:28:02
Larissa O'HALLORAN	Hasenheide	00:28:04	00:27:56
Rob O'HALLORAN	Hasenheide	00:28:05	00:22:52
Megan FLETCHER	Dartford	00:28:45	00:29:16 New PB!
Janice DOVEY	Dartford	00:28:54	00:23:36
Molly DOVEY	Dartford	00:28:54	00:23:22
Trevor BEVAN	Dartford Heath	00:28:56	00:28:28
Harley CLARK-HURREN	Dartford	00:29:55	00:24:28
Kirsten McTEER	Reigate Priory	00:29:56	00:26:52
Victoria GIBBS	Dartford	00:29:57	00:27:54
Katy MUNT	Lullingstone	00:30:02	00:24:55
Richard DANSTON	Dartford	00:30:06	00:30:55 New PB!
Sonia HANNA	Dartford	00:30:07	00:29:39
Michaela McMILLAN	Dartford	00:30:40	00:28:20
Ann KOMZOLIK	Dartford	00:34:14	00:34:02
Shipra MALHOTRA	Dartford	00:34:38	00:34:54 New PB!
Nathanael AKINPITAN	Dartford Heath	00:34:41	00:25:11
Becky PEREIRA	Dartford	00:34:42	00:35:00 New PB!
Janet PYNE	Dartford	00:35:26	00:32:26
Joyce OTOBO	Dartford	00:35:50	00:35:09
Sophia UBA	Dartford	00:35:50	00:36:58 New PB!
Joanne DANSTON	Dartford	00:35:51	00:33:20
Colin SMITH	Foots Cray Meadows	00:36:10	00:34:29
Amanda CROCKFORD	Dartford	00:36:11	00:32:25
Becca BUSHNELL-DUREY	Dartford	00:40:04	00:34:12
Jamie BUSHNELL	Dartford	00:40:22	00:20:14
Das KALIA	Dartford	00:45:32	00:43:12

junior parkrun results 26/08/2018

Name	Location	Time	Overall PB
Adam SMAIL	Dartford	00:08:09	00:08:13 New PB!
Nathanael AKINPITAN	Dartford	00:08:44	00:08:06
Phoebe DACHTLER	Dartford	00:08:58	00:08:43
Samuel FOTHERINGHAM	Medway	00:09:15	00:08:52
Aleksandr SOLOSHENKO	Dartford	00:09:19	00:09:00
Louis SANDERS	Dartford	00:09:57	00:09:27
Dylan BROWN	Dartford	00:10:01	00:09:53
Naomi BROWN	Dartford	00:10:02	00:09:34
Samuel WATSON	Dartford	00:10:09	00:09:34
Zac JOHNSON	Dartford	00:11:34	00:11:03
Evan-Philip AKINPITAN	Dartford	00:12:41	00:11:20
Charlotte SANDERS	Dartford	00:12:43	00:12:07
Neve ARNOULD	Dartford	00:12:44	00:10:57
Violet PIPCIN	Dartford	00:13:05	00:12:06
Lilly HANNA	Dartford	00:13:12	00:12:06
Zachary VAUGHAN	Dartford	00:13:37	00:13:25
Molly HANNA	Dartford	00:18:16	00:14:28

The Week Ahead at CPA...

Monday 27th August

- Dartford Harriers Open Meeting
- NO SWIFTS SESSION

Tuesday 28th August

- Coached Training Session 7pm to 8pm – all are welcome

Wednesday 29th August

- Swifts Training Session 5pm to 6pm
- Main CPA Training Session 7pm to 8pm – adults and Swifts welcome

Thursday 30th August

- Coached Training Session 7pm to 8pm – all are welcome

Friday 31st August

TRACK CLOSED

Saturday 1st September

- The club will be open before and after parkrun for those that wish to use the facilities.

Sunday 2nd September

- Swifts Training Session 10am to 11am