

**CPA & Dartford Harriers 5k Christmas Dash (On track and Tarmac Paths)
& Fun Run (4 laps of the Track for 11 years of age and Under)
Sunday 9th December 2018**

Surname: _____ Forename: _____

M/F: _____ Age (on race day) _____ Tel: _____

Address: _____

_____ Post Code _____

Email: _____

5k Race Entry limit 300. Entries on the day will be available if Race limit not reached.

Registration fee, tick the box that is applicable.

5k (Start Time 10.00am) £6 Fun Run (Start Time 11.00am) £4

All proceeds will go to Ellenor

Closing date for postal entries: **Thursday 6th December 2018**

Please make cheques payable to: **Dartford Harriers AC**

Return to: **Dartford Harriers Christmas Run, 12 Inglewood Road, Bexleyheath, Kent, DA7 6JS**

Bank Transfer: Nat West. Account No: 16498712, Sort Code: 60-06-33
(Please put Xmas Dash and your name in the reference)

Entry Queries: Tel: 01322 557974 or email: ken1951march@gmail.com

Entry forms available from CPA website: www.centralparkathletics.co.uk

ALL ENTRANTS MUST SIGN THE FOLLOWING:

I am an amateur as defined by U.K.A. and agree to abide by its rules. I will participate only if I am fit to run the distance selected. I will not hold responsible Dartford Harriers or any person or body involved in the organisation of the event, for any injury or illness resulting from the event.

Signed: _____ Date: _____

Statement by parent or guardian for all runners 11 years of age and under.

I hereby consent that the above person may participate in the Dartford Harriers Fun Run. . I will not hold responsible Dartford Harriers or any person or body involved in the organisation of the event, for any injury or illness resulting from the event.

Signed: _____ Date: _____

